

## Early Support During Difficult Times



# Bereaved By Suicide Support

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Bereaved By  
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We provide assistance for those bereaved by suicide in East Sussex, including emotional support; liaising with other services such as the coroner or the police; advice on dealing with practical or financial challenges. Support can be face-to-face, via the telephone or Zoom. We also run support groups providing the chance to meet others who have been through similar experiences.



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