

East Sussex County Council

Walks and rides volunteer leaders

Information and registration form

Exploring East Sussex is East Sussex County Council's programme of guided walks and environmental events. It is the County Council's main way of encouraging more people to enjoy the diverse East Sussex countryside, particularly those who may not feel confident to walk on their own. Cycling East Sussex is a programme of guided rides and is the County Council's main way of encouraging new, beginner and improving cyclists to enjoy the countryside and quiet lanes of East Sussex.

Volunteer leaders make a huge contribution to our programmes of guided events (Exploring East Sussex and Cycling East Sussex) and without this valuable help we would not be able to run them.

There are many reasons to become a volunteer walk or cycle ride leader. It is a great way to meet new people and share new knowledge within a friendly atmosphere, keep yourself fit and above all have some fun.





You do not need any specific qualifications or experience to become a volunteer leader. Your enthusiasm and ability to get on with other people is more important to us.

Training in leading guided events is available in the form of an interactive training day which is run in-house.

If you are interested in becoming a volunteer, all you have to do is send back the attached form. We will then send you a welcome letter, a copy of the Volunteer Handbook and information about when the next training day will be.

For more information please contact Vicky Pannell, Walks and Rides Coordinator on 01273 481654

For more information about the countryside sites and rights of way managed by East Sussex County Council's Countryside Management Service, you may like to check out our website www.eastsussex.gov.uk

Please remember to let us know if you change your address, or are no longer able to volunteer with us so that we can amend our records accordingly.

Registration Form - Walks and rides volunteer leaders

Title: _____ Name: _____ Date: _____

Address: _____

_____ Postcode: _____

Home Tel: _____ Work Tel: _____

Mobile Tel: _____ Date of birth _____

Email address: _____

- Please circle your interest (one or both): walks leader cycle rides leader
- Do you belong to any walking or cycling groups? E.g. Ramblers, Sustrans.
- How did you find out about becoming a walk or cycle ride volunteer?
- Have you led any walks, rides or events in the past?
- Have you attended any guided walks or rides before? Yes No
- If so, how many were from Exploring East Sussex or Cycling East Sussex?
- Please indicate whether or not you have any specialist interests or skills that may be relevant.
- Have you received any first aid training in the last three years? Yes No

Other voluntary opportunities are available within the Group. Please tick the appropriate box if you would like to receive information about either of these options:

Rights of Ways volunteers Countryside Management Volunteers

Where we ask you for personal information through a form, this information will only be used for the purpose indicated and it will be held in a secure manner. It will not be used for any other purpose without your permission and will not be kept for longer than necessary.

Please turn over

Volunteer Agreement

We will try to make sure that the time that you spend with us as a volunteer is interesting, fulfilling and safe. We treat all volunteers with respect and welcome any ideas, suggestions or feedback that you may give us about how to improve the voluntary experience that you have had. We are committed to providing a range of high quality vocational experiences and training for volunteers. This agreement is designed to help both East Sussex County Council and volunteers by making expectations clear.

ESCC's responsibilities to its volunteers

Whichever voluntary option you choose, ESCC staff have the following responsibilities to you.

- To treat you equally whatever your ethnicity, age, gender, sexual orientation or religious belief.
- To make sure you have appropriate training in the tasks you are carrying out and in personal safety.
- To provide adequate third party, public liability and limited personal accident insurance cover for you whilst you are carrying out voluntary work approved and authorised by us.
- To provide job references as appropriate.
- To fairly resolve any problems or complaints that you have while you volunteer with us.
- To continually develop and improve the volunteer service.

Volunteers' responsibilities to ESCC

- To help the Rights of Way and Countryside Management Group fulfil its service.
- To ask for an explanation if you are unclear about anything you have been told.
- To follow procedures and codes of practice
- To treat other volunteers, members of staff and the general public with respect.

This agreement is binding in honour only, is not intended to be a legally binding contract between us and may be cancelled at any time at the discretion of either party. We reserve the right to ask you to stop leading guided walks or rides if we feel that you are a danger to yourself or others, or if other problems arise. Neither of us intends any employment relationship to be created either now or at any time in the future.

Signed on behalf of Rights of Way and Countryside Management Group:

Signature:  Position: Walks & Rides Coordinator

Name (print) Vicky Pannell

I have read and understood the information above and agree to abide by the terms of the agreement.

Signed by volunteer: _____

Name (print): _____ Date: _____

Please send your completed form to: Vicky Pannell, Walks and Rides Co-ordinator, East Sussex County Council, St Anne's Crescent, Lewes, East Sussex, BN7 1UE. Telephone 01273 481654.