

## How do I get access to an Educational Psychologist?

Schools highlight the children they want us to work with via our regular school visits. The staff will ask for your written permission for us to work with your child.

Parents can request input from the Educational Psychology Service via the school. You could speak to your child's teacher, or the special needs coordinator in the school.

You could also contact the Educational Psychology Service for more information on:

[eps@eastsussex.gov.uk](mailto:eps@eastsussex.gov.uk)

or call one of our bases.

**The Educational Psychology Service aims to make a difference for children. We value our work with parents, and parental feedback is important to us.**

## Contacts:

Parents and teachers approach us with many different problems and questions - we might not always be the right service to help, but if not, generally we know who you could contact for advice.

### Our three bases are:

**10 Pembury Road  
Eastbourne  
East Sussex  
BN23 7HQ  
Tel: 01323 741595**

**Tower Building  
Lower South Road  
St Leonards-on-Sea  
TN37 6RH  
Tel: 01424 720702**

**Beaconwood  
Beacon Road  
Crowborough  
TN6 1AR  
Tel: 01892 655244**

# Educational Psychology Service

## *Information for Parents/Carers*



**Find out how an Educational Psychologist  
might work with your child**

## What is an Educational Psychologist?

Educational Psychologists work jointly with parents and professionals using their knowledge of education, psychology, child development and special educational needs.

All Educational Psychologists have qualifications in psychology and educational psychology. We are also qualified teachers who have had experience teaching in schools.

We work for the Educational Psychology Service which is part of the East Sussex Children's Services Department.

## What does an Educational Psychologist do?

The aim of our involvement would be to find solutions in relation to a child's needs.

### We work in the following settings.

- Playgroups/nurseries.
- Mainstream schools.
- Specialist schools/units.
- In the child's home.
- In clinics, with health professionals.

### We contribute to:

- identification and assessment of children's special educational needs according to the 'Code of Practice' (Government guidelines), and
- recommending strategies and support arrangements which will enable the child to make progress

### We also contribute to the following things.

- Supporting educational and social inclusion for all children.
- Training for school staff and other professionals.
- Support for school in times of crisis and bereavement.
- Supporting other services in working with your child.

## How might an Educational Psychologist work with your child?

We aim to keep you informed of our involvement when working with your child.

We work alongside other key professionals to find ways forward.

### Pre-school children

We may:

- talk to you as parents/carers, about your child
- make a visit to your home
- visit playgrounds/nurseries to assess your child's strengths and difficulties
- talk to pre-school staff, and
- contribute to multi-disciplinary assessments.

### School age children

We may:

- consult with staff and gain background information
- discuss your child with other professionals involved
- meet with you as parents/carers
- observe your child
- carry out assessments, and
- talk to your child about their difficulties and ways forward.

We use a range of tools in our work. If you would like to find out more, or have any questions or concerns, please contact us.