



# Providing your School Meals in Partnership with East Sussex County Council

Chartwells in partnership with East Sussex County Council understand the importance of healthy eating. We engage with parents, schools and students in our everyday activities to create interest in the food that we provide. We continue to highlight the benefits of healthy eating to young people and our varied summer menu is a key part of this aim.

As you will note from the dates below this menu runs for the summer term. September will see the launch of a new seasonal menu to give your children the best possible start to their new academic year.

If you wish to contact us please see details below:

[www.eastsussex.gov.uk/schoolmeals](http://www.eastsussex.gov.uk/schoolmeals) [www.chartwells.co.uk](http://www.chartwells.co.uk) or call your local office on 01435 865310

7 <sup>th</sup> June, 28 <sup>th</sup> June, 19 <sup>th</sup> July	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day 1	Spaghetti Bolognese with Garlic and Herb Bread Wedge	Chicken Stir Fry served with Noodles	Roast Beef with Yorkshire Pudding, Roast Potatoes and Gravy	Wholemeal Breadcr Cod with Creamed Potatoes	Gammon Steak and Pineapple with Chipped Potatoes
Dish of the Day 2	Mediterranean Tart with New Potatoes	Macaroni Cheese served with a Bread Wedge	Lentil Roast with Roast Potatoes	Quorn Sausage Pasta Bake with Bread Wedge	Vegetable Chilli with Chipped Potatoes
Additional Offers	Assorted Filled Jacket Potato and Ploughmans	Assorted Filled Jacket Potato and Ploughmans	Assorted Filled Jacket Potato and Ploughmans	Assorted Filled Jacket Potato and Ploughmans	Assorted Filled Jacket Potato and Ploughmans
Vegetables	Garden Peas Crunchy Light Coleslaw	Fresh Broccoli Florets Golden Sweetcorn	Fresh Seasonal Cabbage Fresh Carrots	Garden Peas Roasted Vegetable Medley	Baked Beans Green Beans
Dessert	Toffee Apple Crumble with Custard	Oat Cookie with Fruit Slices	Rice Pudding with Fruit Topping	Banana Split	Hot Chocolate Orange Fudge Cake with Custard

Available daily – Fresh Fruit, Seasonal Salad, Homemade Bread, Chilled Water and Cold Milk

14 <sup>th</sup> June, 5 <sup>th</sup> July	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day 1	Mexican Chilli Beef in a Tortilla Wrap Served with Seasoned Rice	Homemade Salmon Fish Cake served with Jacket Wedges	Lemon Roast Chicken with Roast Potatoes and Gravy	Meatballs in Tomato Sauce with Pasta	Premium Burger in a Bun with Chipped Potatoes
Dish of the Day 2	Macaroni Cheese with Bread Wedges	Margherita Pizza with Jacket Wedges	Quorn Vegetable Oriental Stir Fry with Noodles	Layered Leek and Cheese Hotpot with Bread Wedges	Quorn Burger in a Bun served with Chipped Potatoes
Additional Offers	Assorted Filled Jacket Potato and Ploughmans	Assorted Filled Jacket Potato and Ploughmans	Assorted Filled Jacket Potato and Ploughmans	Assorted Filled Jacket Potato and Ploughmans	Assorted Filled Jacket Potato and Ploughmans
Vegetables	Golden Sweetcorn Green Beans	Garden Peas Baked Beans	Fresh Carrots Fresh Seasonal Cabbage	Garden Peas Fresh Broccoli Florets	Crunchy Light Coleslaw Baked Beans
Dessert	Jaffa Sponge Cake	Berry Chill	Wholemeal Chocolate Crunch with Fruit Slices	Summer Fruit Pudding	Berry Shortcake with Custard

Available daily – Fresh Fruit, Seasonal Salad, Homemade Bread, Chilled Water and Cold Milk

21 <sup>st</sup> June, 12 <sup>th</sup> July	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day 1	Italian Lasagne with Tomato Bread Wedges	Lemon Chicken Pitta Pockets with Savoury Rice	Roast Turkey with Sage Stuffing, Roast Potatoes and Gravy	Sausages and Creamed Potato with Onion Gravy	Golden Fish Fingers with Chipped Potatoes
Dish of the Day 2	Quorn Hotdog in a Bun with Onions and Tomato Sauce	Cheese and Tomato Pizza with Jacket Wedges	Neapolitan Beany Pasta with Garlic & Herb Bread Wedge	Cheese Quiche and Creamed Potatoes	Ratatouille and Mixed Bean Wrap
Additional Offers	Assorted Filled Jacket Potato and Ploughmans	Assorted Filled Jacket Potato and Ploughmans	Assorted Filled Jacket Potato and Ploughmans	Assorted Filled Jacket Potato and Ploughmans	Assorted Filled Jacket Potato and Ploughmans
Vegetables	Fresh Carrots Sliced Green Beans	Garden Peas Vegetable Sticks	Fresh Seasonal Cabbage Fresh Carrots	Golden Sweetcorn Fresh Broccoli	Garden Peas Baked Beans
Dessert	Chocolate Fruit Crispy	Fruit in Jelly and Ice Cream	Chocolate and Fair Trade Banana Muffin	Fruit Meringue	Lemon Drizzle Cake with Custard

Available daily – Fresh Fruit, Seasonal Salad, Homemade Bread, Chilled Water and Cold Milk